

2023 東海大學英語中心「我是廚神」比賽活動簡章

2023 THU Master Chef Guidelines

一、活動主旨及說明 (Purpose and Description) :

- The English Language Center (ELC) Extracurricular Activities Committee will host a university-wide THU Master Chef in the hopes of providing both local and international students a platform to interact with each other in a fun and engaging way. The main purpose of this event is to give students a chance to introduce a special dish and at the same time allow students to taste each other's culture through food. The following awards will be given to students: a) best presentation award, b) superior taste award, c) creative plating award, d) People's Choice Award, and e) participation awards.
- 英語中心 (ELC) 課外活動委員會將舉辦全校性的大廚美食活動，主旨在為本地和國際學生提供一個以有趣及引人入勝的相互交流平台。本次活動的主要目的是讓學生有機會介紹一道特別的菜餚，同時讓學生通過食物來品嚐彼此的文化。本中心將頒發給學生以下獎項：
a) 最佳介紹獎 · b) 卓越滋味獎 · c) 創意展示獎 · d) 最佳人氣票選獎 · e) 參加獎。

二、主辦單位(Organizer) :

英語中心 English Language Center (ELC)

高教深耕計畫 Higher Education Sprout Project

三、活動理念 (English Communication Objectives) :

Students will demonstrate their English language competence by introducing the recipe of their dish and explaining how their food is linked to their identity and culture growing up. After their short presentations, students are expected to use English to interact with each other while tasting a bit of each other's culture.

學生將藉由介紹他們的菜餚食譜，並解釋食物與他們成長過程中的家庭傳統和文化身份相關性來展示他們的英語能力。在簡短的講解之後，學生們須要使用英語進行互動，同時品嚐彼此的菜餚及文化。

四、競賽辦法 (Event Rules) :

1. This contest is open to all current Tunghai University students
本次比賽對所有東海大學在校生開放。
2. Students may enter individually or as a group (maximum of two students). However, each student may only enter the contest once.
學生可以單獨或以小組（最多兩人）參加。但是每個學生只能參賽一次。

3. Pre-selection stage 預選階段

To limit the number of participants in the event, students must submit an application. The form can be found at <https://form2.thu.edu.tw/2821197>, including the following information.

為了限制參加活動的學生人數，學生必須先線上申請 (<https://form2.thu.edu.tw/2821197>) 並說明以下內容：

- Name of the dish 菜餚名稱
- Type of the dish 菜式: Appetizer 前菜/Main dish 主菜/Dessert 甜點
- Explain how this dish is linked to your sense of self: (At least 100 words)
解釋這道菜對你自身的意義 (至少 100 字)

4. The organizers will select 15 candidates and/or groups who have successfully explained how their special dish is linked to their identity/culture.

主辦者將選出 15 名成功解釋他們的菜餚與他們的身份/文化關聯性的候選人和/或團體。

5. The top 15 candidates and/or groups will be required to do the following:

該 15 名候選人和/或小組將執行以下事項:

5.1. Prepare or cook the dish that they have written in their application.

準備或烹製申請參賽的菜餚

5.2. Follow the basic rules for food hygiene and safety. A handout along with an agreement form will be given to the 15 selected candidates and/or groups two weeks before the event. All 15 of them are required to sign it and follow these rules strictly. Otherwise, they will not be able to join the event.

遵循食品衛生安全基本步驟，相關講義及同意書將在活動開始兩週前發給 15 名候選人和/或團體簽字，應嚴格遵守這些規則，否則將無法參加活動。

5.3. Students can bring their prepared dish to the ELC lounge from 8 to 10 am on May 5. The food will be stored in the refrigerator in order to maintain food safety. The event will start at 12 noon

5 月 5 號上午 8 點到 10 點，參賽者可以將準備好的菜餚帶到 ELC 休息室。將食物存放在冰箱中，以確保食物安全。

5.4. Only English may be used all throughout the event.

活動全程只能使用英語。

5.5. The length of each presentation must be between 3 and 5 minutes.

During this time, students **should** be able to address the following:

- a) introduction of the special dish
- b) process of making/preparing the special dish
- c) explanation of how their special dish is linked to their identity/culture

每組介紹長度必須在 3 到 5 分鐘之間，涵蓋下列重點：

- a) 菜餚介紹
- b) 製作/準備此菜餚的步驟
- c) 解釋他們的菜餚與他們身份/文化之關聯

5.6. Presentations less than 3 minutes or over 5 minutes will get deductions.

少於 3 (5) 分鐘或超過 5 (6) 分鐘的演示將被扣分。

5.7. Avoid using all kinds of inappropriate language during the event.

避免在活動中使用各種不恰當的語言。

6. Candidates and/or groups may be able to win multiple awards.
每個參賽者和/或團體可能贏得多重獎項。
7. Winners must split equally any prize money received as a group.
獲勝團體者必須平分獲得的任何獎金
8. At the end of the presentation, event coordinators and students will be able to partake in sampling each other's dishes and vote for their favorite dish
在演說講解結束時，活動主辦者和學生將品嚐參賽的菜餚並投票選出他們最喜歡一道菜。

五、比賽時程 (Submission and Award Announcement Dates) :

1. Students must submit the online application form on the ELC website by 12 noon, April 17
學生必須在 4 月 17 號中午 12 點之前提交線上申請表。
2. Announcement of Top 15 candidates Date: April 24
公告前 15 名決選名單日期：4 月 24 日
3. Date and venue of the activity: Friday, May 5, 12-2 pm at LAN 105
活動日期及地點：5 月 5 日 (星期五)下午 12-2 點於語文館 LAN105
4. Winners will be announced on May 8th on the ELC website: [http:// elc.thu.edu.tw](http://elc.thu.edu.tw)
獲獎者名單將於 5 月 8 日公告在 ELC 網站上：<http://elc.thu.edu.tw>

六、評比標準 (Judging Criteria) :

1. Language 語言 50%
(Grammar, vocabulary, pronunciation, use of facial expressions and gestures, fluency, and content) (語法、詞彙、發音、面部表情和手勢的使用、流暢性和內容)
2. Plating 擺盤 20%
3. Taste 味道 20%
4. Creativity 創意 10%

七、獎金 (Prizes) :

- Best Presentation Award 最佳介紹獎：NT\$2,500
- Superior Taste Award 卓越味道獎：NT\$1,500
- Creative Plating Award 創意擺盤呈現獎：NT\$1,500
- People's Choice Award 最佳人氣票選獎 NT\$1,000
- Participation Award 參加獎：NT\$500

*All contestants (per individual or group) will receive a participation award except the contestants who have won other awards.

除獲得其他獎項的參賽者外，所有參賽者 (個人或團體) 均獲得參加獎。